

FAQs:

[ORO.FTL](#), [Part-ORO](#), [Air Operations](#), [Regulations](#)

Question:

**Reduction of recurrent extended recovery rest by commander's discretion
ORO.FTL.235(d) (see also ORO.FTL.205(f)): Can the extended recovery
rest period be reduced with commander's discretion?**

Answer:

No, commander's discretion cannot be applied to an extended recovery rest period

Last updated:

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Link:

<https://www.easa.europa.eu/en/faq/47611>