



European Union Aviation Safety Agency

## FAQ n.47653

### FAQs:

[ORO.FTL](#), [Part-ORO](#), [Air Operations](#), [Regulations](#)

### Question:

**Reduced rest CS FTL.1.235(c)(5): Is it possible to apply reduced rest to two consecutive rest periods?**

### Answer:

Yes. Up to 2 reduced rest periods in any 168 hours are allowed. They may be consecutive.

Reduced rest is only possible under FRM, as part of an approved IFTSS.

### Last updated:

12/07/2018

### Link:

<https://www.easa.europa.eu/bg/faq/47653>