



Fatigue Risk Management & Challenges in Long Haul Cargo Operations

Cpt. Mattias Pak MSc. FRAeS
Vice President Aviation Safety



**Overview of
Cargolux**



**Fatigue
Reporting**



**Biomathematical
Model**



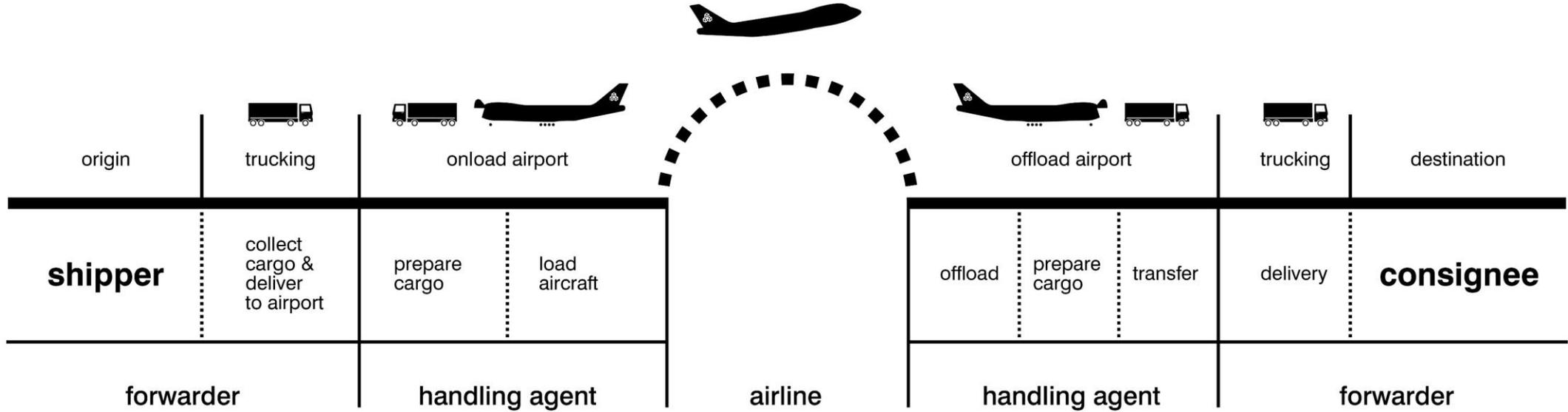
Data Analytics



Challenges



What is our role?





Reporting

Biomathematical Model

Data Analytics

Challenges

Reporting Summary



AVIATION SAFETY
cargolux

Fatigue Reporting Form

Nr. (allocated by the ABS)

ALL INFORMATION PROVIDED REMAINS STRICTLY CONFIDENTIAL WITHIN THE CARGOLUX FLIGHT SAFETY DEPARTMENT

Name	3-Letter-Code	Rank	<input type="checkbox"/> Captain <input type="checkbox"/> FO																												
Time event occurred	Date	Time	Sector(s) on which event occurred																												
Crew composition	<input type="checkbox"/> Basic <input type="checkbox"/> Augmented <input type="checkbox"/> Double	Function	<input type="checkbox"/> Pilot Flying <input type="checkbox"/> Pilot Monitoring																												
Planned times (D/T)	ON-duty	OFF-duty	Planned duty time																												
Actual times (D/T)	ON-duty	OFF-duty	Actual duty time																												
Approx. how much actual sleep did you obtain in the ...	<input type="checkbox"/> 24 hours before reporting for duty / Check-in _____ hrs	<input type="checkbox"/> 48 hours before reporting for duty / Check-in _____ hrs																													
Tick all factors you feel contributed to the event/your general concern	<input type="checkbox"/> Unable to get <u>pre-flight</u> rest <input type="checkbox"/> Unable to get <u>in-flight</u> rest <input type="checkbox"/> Insufficient rest before <u>flight</u> <input type="checkbox"/> Insufficient rest before <u>take-off</u> <input type="checkbox"/> Unsuitable hotel room (please specify hotel name, room number and other relevant details) <input type="checkbox"/> The pairing itself <input type="checkbox"/> Roster disruption <input type="checkbox"/> Delay(s)	<input type="checkbox"/> Long duty <input type="checkbox"/> Workload (e.g. due to weather, non-normal etc.) <input type="checkbox"/> Long-term fatigue / exhaustion <input type="checkbox"/> Home / Family issues <input type="checkbox"/> Personal problems <input type="checkbox"/> Other (please provide details in the space on the right)	Use this space to provide further factors and/or details																												
Tick all physical and cognitive signs of fatigue that were apparent in the 2 hours leading up to the event	<table border="1"> <thead> <tr> <th colspan="2">PHYSICAL SIGNS</th> <th colspan="2">COGNITIVE SIGNS</th> </tr> </thead> <tbody> <tr> <td><input type="checkbox"/> Fulgiting</td> <td><input type="checkbox"/> Rubbing eyes</td> <td><input type="checkbox"/> Yawning</td> <td><input type="checkbox"/> Staring blankly</td> </tr> <tr> <td><input type="checkbox"/> Frequent and/or long blinking</td> <td><input type="checkbox"/> Difficulty keeping eyes open</td> <td><input type="checkbox"/> Head nodding</td> <td><input type="checkbox"/> None</td> </tr> <tr> <td><input type="checkbox"/> None</td> <td></td> <td><input type="checkbox"/> Impaired attention</td> <td><input type="checkbox"/> Impaired memory</td> </tr> <tr> <td></td> <td></td> <td><input type="checkbox"/> Negative mood</td> <td><input type="checkbox"/> Reduced communication</td> </tr> <tr> <td></td> <td></td> <td><input type="checkbox"/> Impaired problem solving</td> <td><input type="checkbox"/> Increased risk taking</td> </tr> <tr> <td></td> <td></td> <td><input type="checkbox"/> Impaired situational awareness</td> <td><input type="checkbox"/> None</td> </tr> </tbody> </table>			PHYSICAL SIGNS		COGNITIVE SIGNS		<input type="checkbox"/> Fulgiting	<input type="checkbox"/> Rubbing eyes	<input type="checkbox"/> Yawning	<input type="checkbox"/> Staring blankly	<input type="checkbox"/> Frequent and/or long blinking	<input type="checkbox"/> Difficulty keeping eyes open	<input type="checkbox"/> Head nodding	<input type="checkbox"/> None	<input type="checkbox"/> None		<input type="checkbox"/> Impaired attention	<input type="checkbox"/> Impaired memory			<input type="checkbox"/> Negative mood	<input type="checkbox"/> Reduced communication			<input type="checkbox"/> Impaired problem solving	<input type="checkbox"/> Increased risk taking			<input type="checkbox"/> Impaired situational awareness	<input type="checkbox"/> None
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THANK YOU FOR YOUR PARTICIPATION!

Fatigue Reporting integrated into normal Safety Reporting Process

Immediate information to Flight Operations (de-identified) for possible actions

Investigation

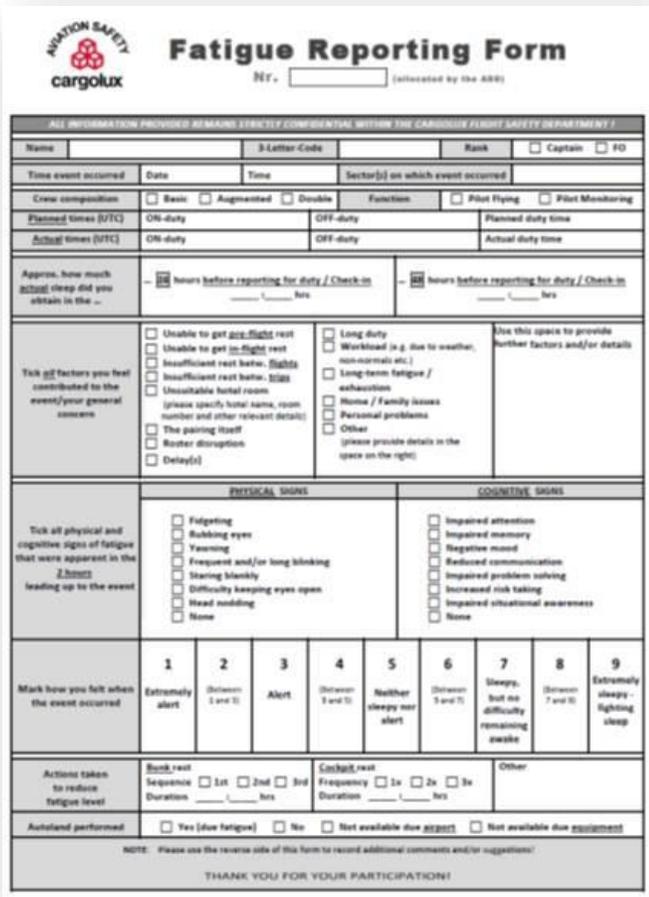
Classification and Risk Assessment

Feedback to reporter

Data integration into Safety Analytics Platform

Use of gained Safety Intelligence

Reporting Summary



AVIATION SAFETY
cargolux

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Time event occurred	Date	Time	Sector(s) on which event occurred						
Crew composition	<input type="checkbox"/> Basic <input type="checkbox"/> Augmented <input type="checkbox"/> Double	Function	<input type="checkbox"/> Pilot Flying <input type="checkbox"/> Pilot Monitoring						
Planned times (UTC)	ON-duty	OFF-duty	Planned duty time						
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Approx. how much actual sleep did you obtain in the ...	<input type="checkbox"/> 24 hours before reporting for duty / Check in _____ hrs	<input type="checkbox"/> 48 hours before reporting for duty / Check in _____ hrs							
Tick all factors you feel contributed to the event/your general concern	<input type="checkbox"/> Unable to get <u>pre-flight</u> rest <input type="checkbox"/> Unable to get <u>in-flight</u> rest <input type="checkbox"/> Insufficient rest before <u>flight</u> <input type="checkbox"/> Insufficient rest before <u>takeoff</u> <input type="checkbox"/> Unsuitable hotel room (please specify hotel name, room number and other relevant details) <input type="checkbox"/> The pairing itself <input type="checkbox"/> Roster disruption <input type="checkbox"/> Delay(s)	<input type="checkbox"/> Long duty <input type="checkbox"/> Workload (e.g. due to weather, non-normal etc.) <input type="checkbox"/> Long-term fatigue / exhaustion <input type="checkbox"/> Home / Family issues <input type="checkbox"/> Personal problems <input type="checkbox"/> Other (please provide details in the space on the right)	Use this space to provide further factors and/or details						
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cargolux

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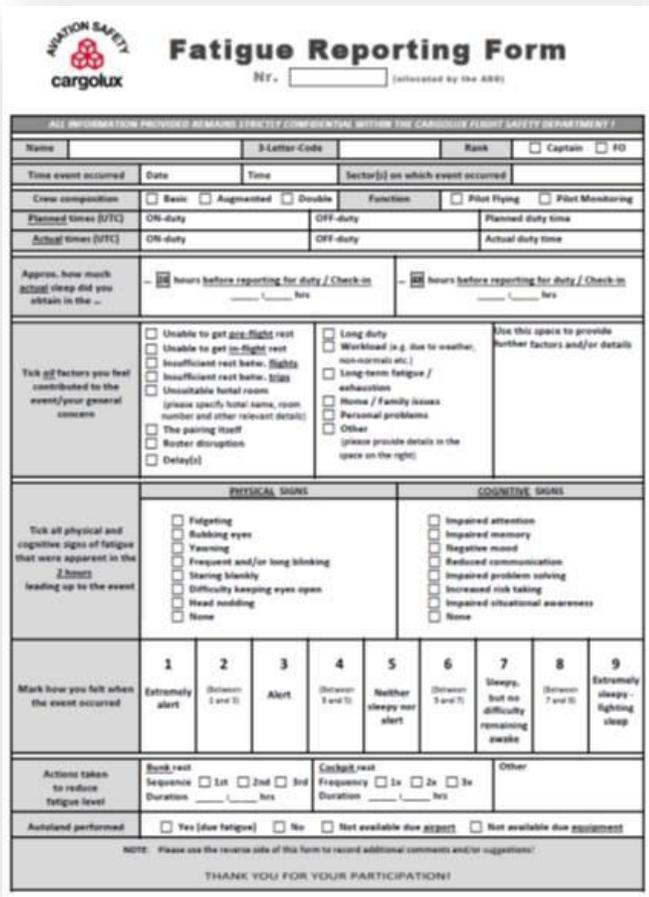
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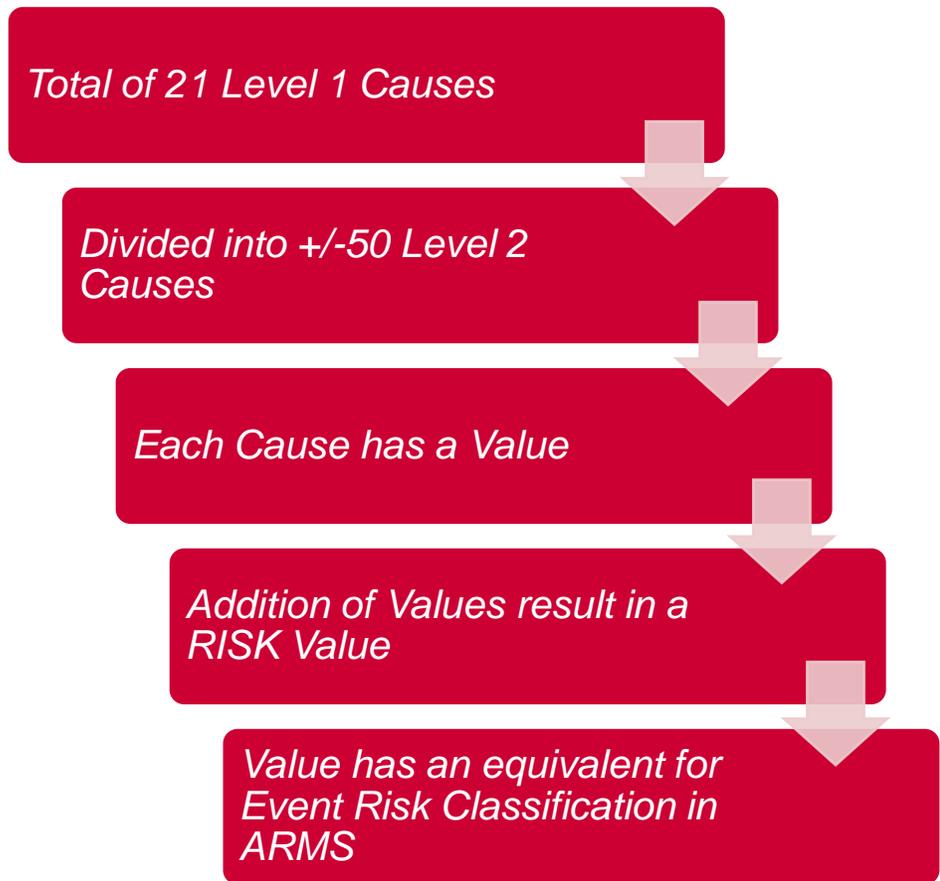
Data integration into Safety Analytics Platform

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Classification

Duty - Long Duty	Single Long Duty
	Consecutive Long Duties
Duty - Night Duty	Single Night Duty
	Consecutive Night Duties
Duty - All crew affected simultaneously	
Duty - Basic crew night duty >10h	Single Basic Crew Night Duty > 10h
	Consecutive Basic Crew Night duty > 10h
Rest - Insufficient Rest	Rest between Flights
	Rest between Trips
Rest - +/- 24h Rest	Single 24h Rest
	Consecutive 24h Rests
Rest - Minimum Rest	Single Minimum Rest
	Consecutive Minimum Rest

(Examples)



Reporting Summary



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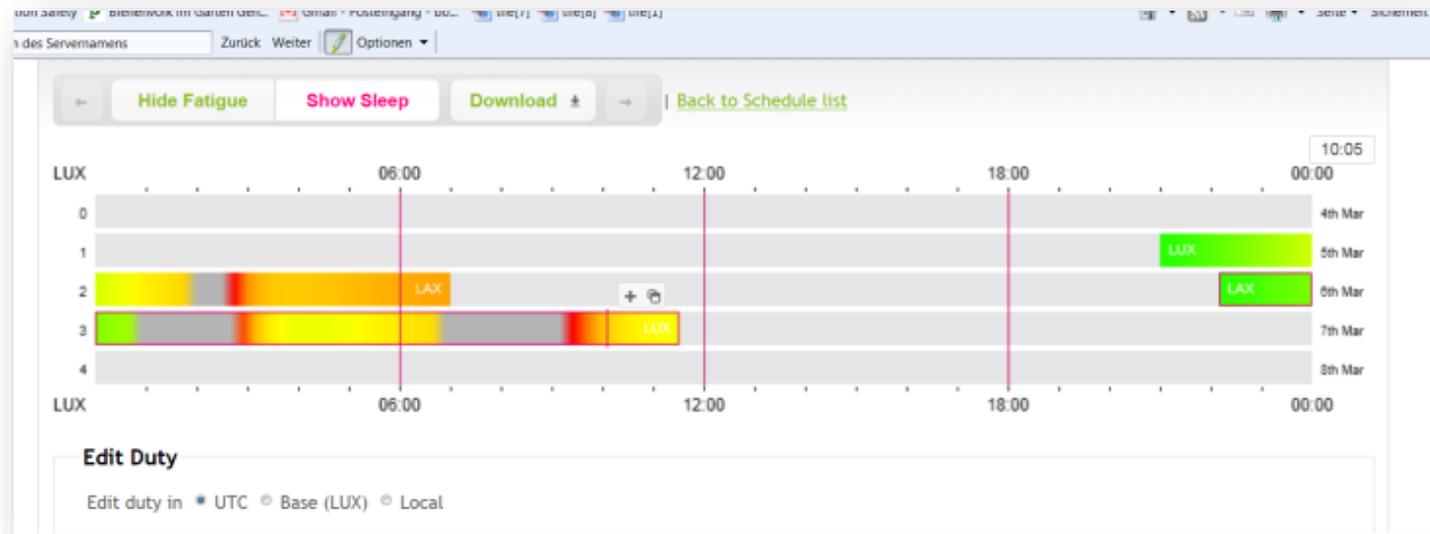
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Data Analytics

Challenges

Biomathematical Model



Model integrated into Planning Phase

Model integrated into Execution Phase

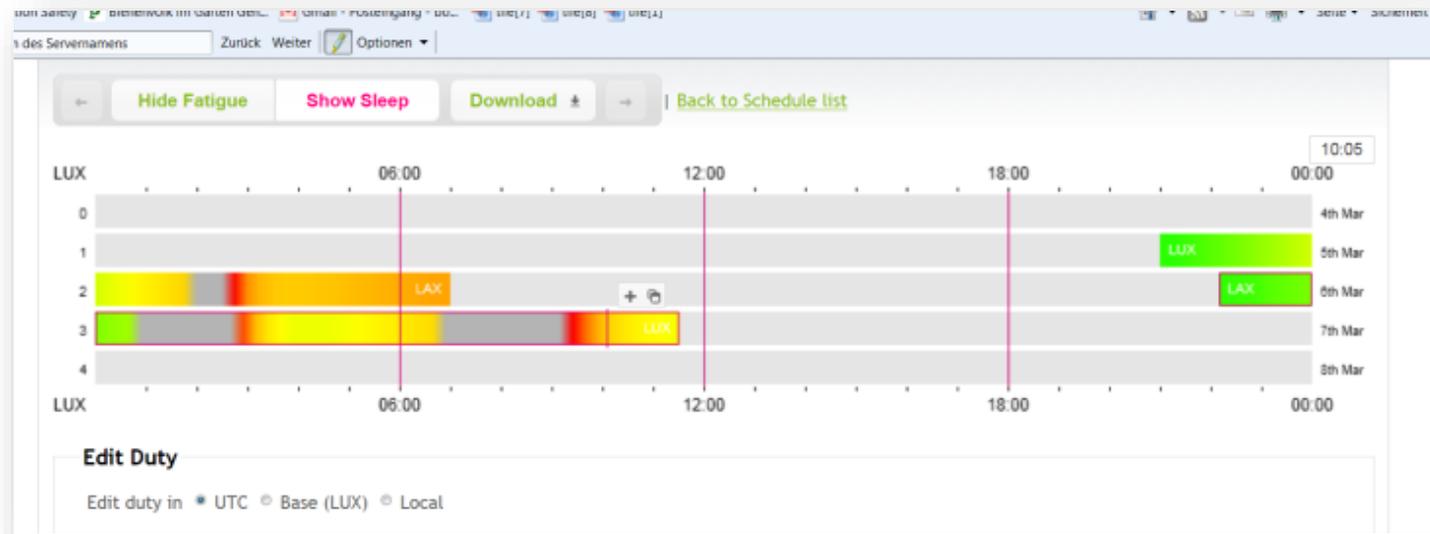
Use of the Model as part of Fatigue Report Investigations

Use of the Model as part of other Report Investigations

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Biomathematical Model



Model integrated into Planning Phase

Model integrated into Execution Phase

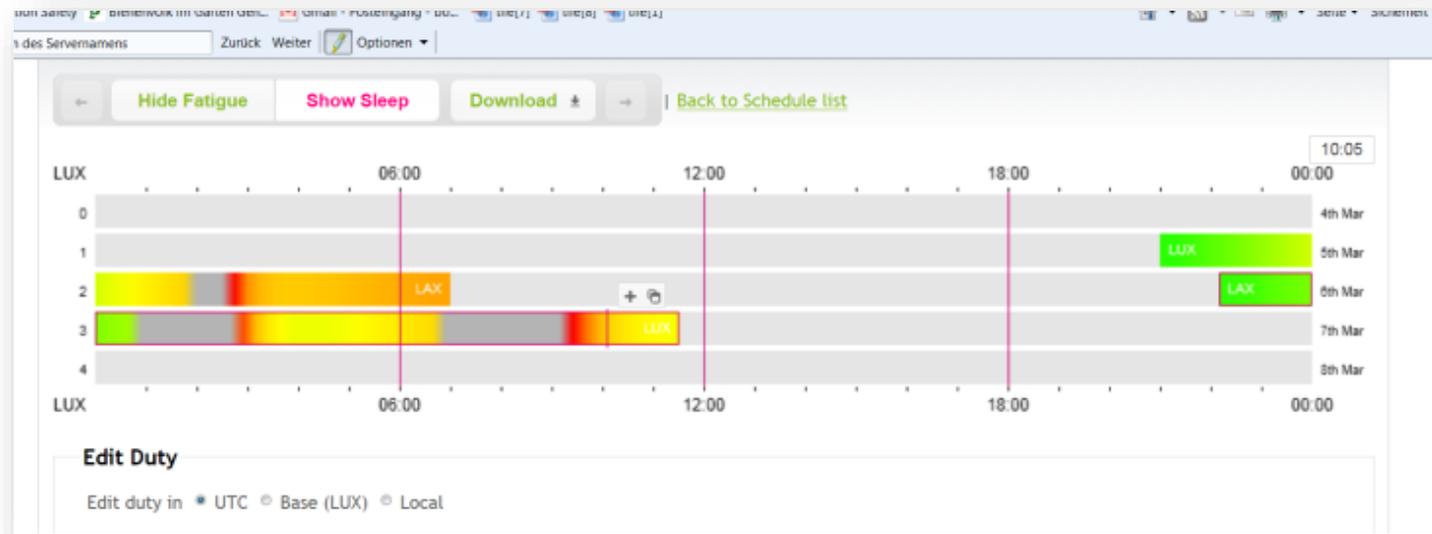
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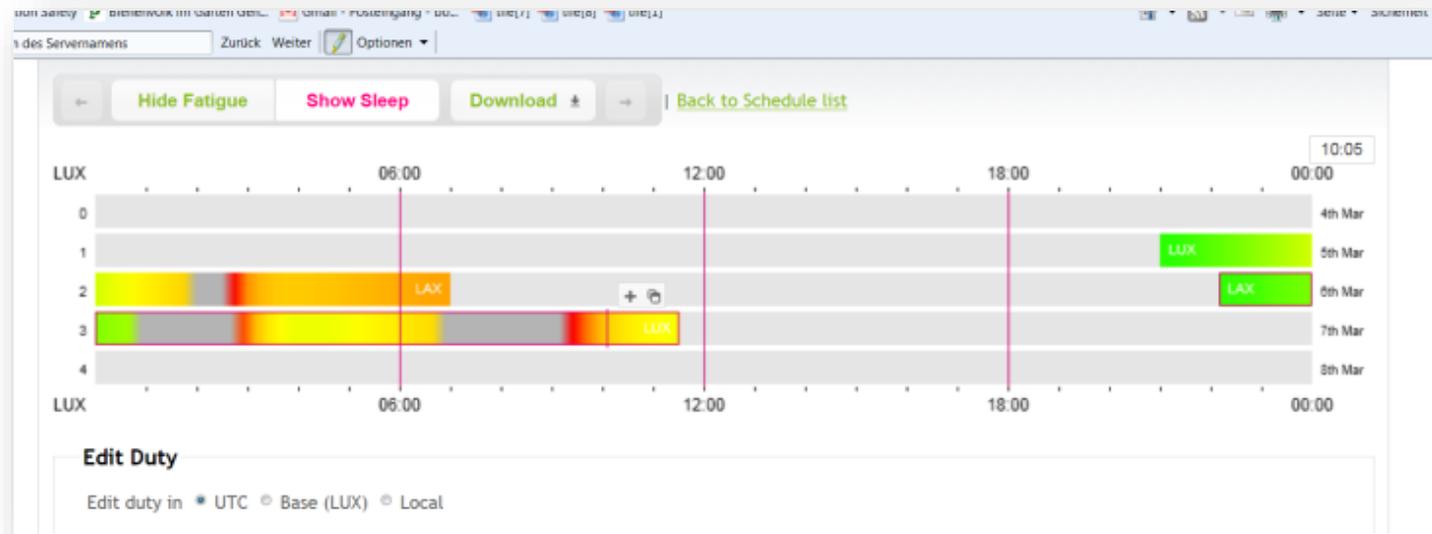
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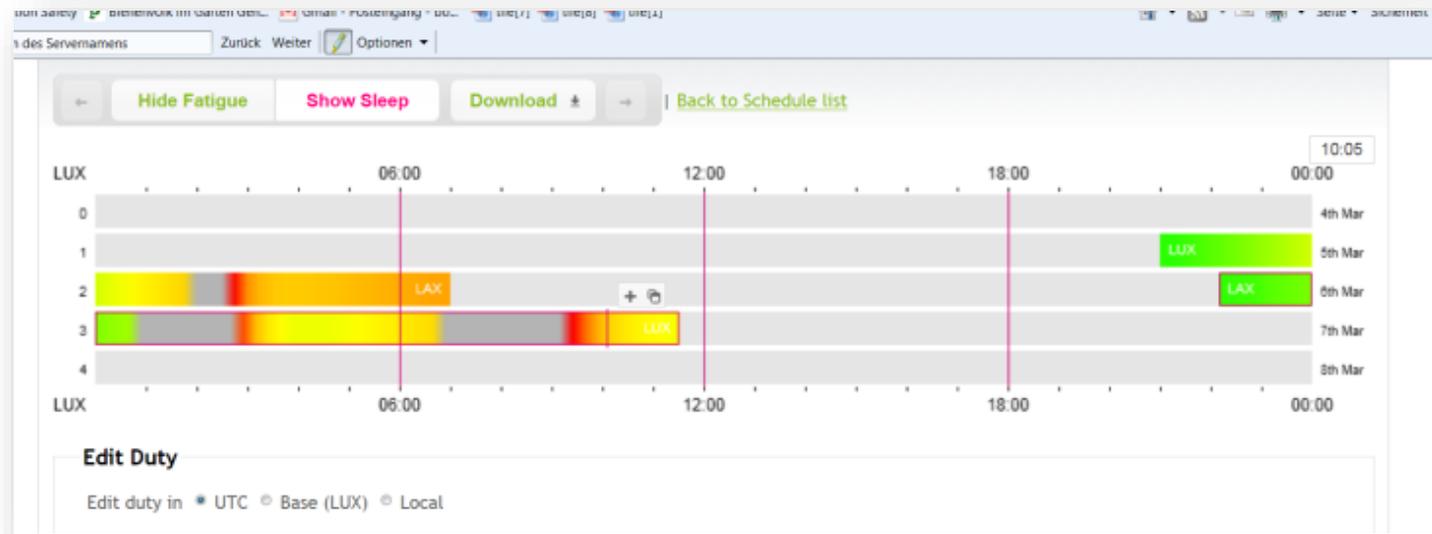
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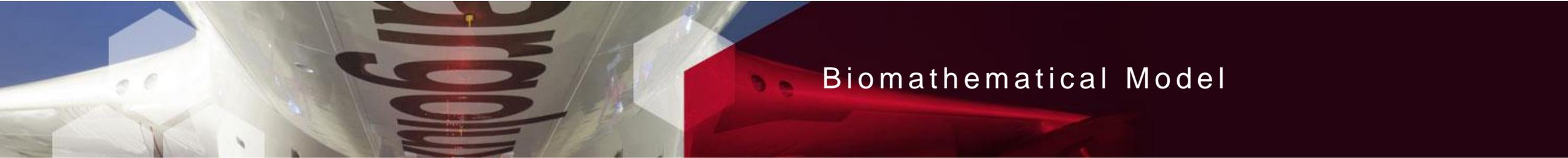
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FRM(S) Setup

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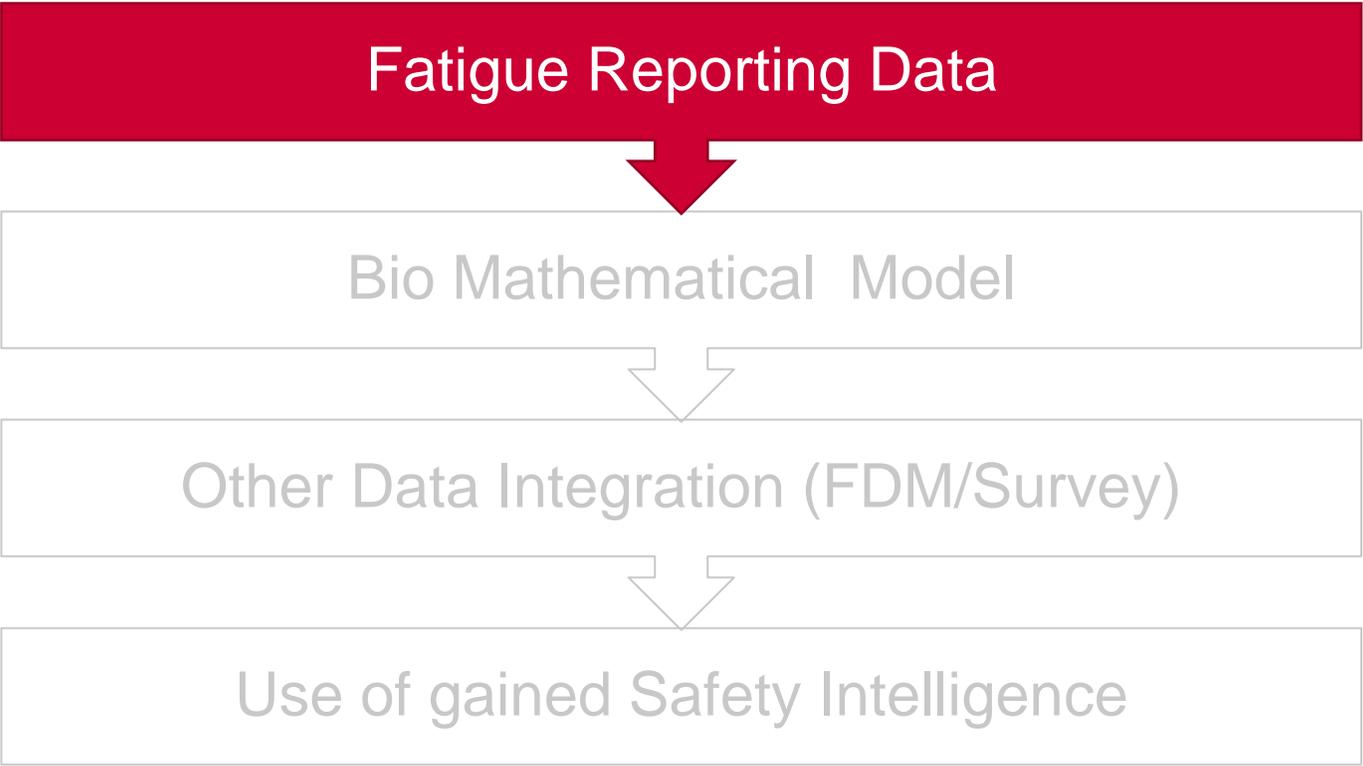
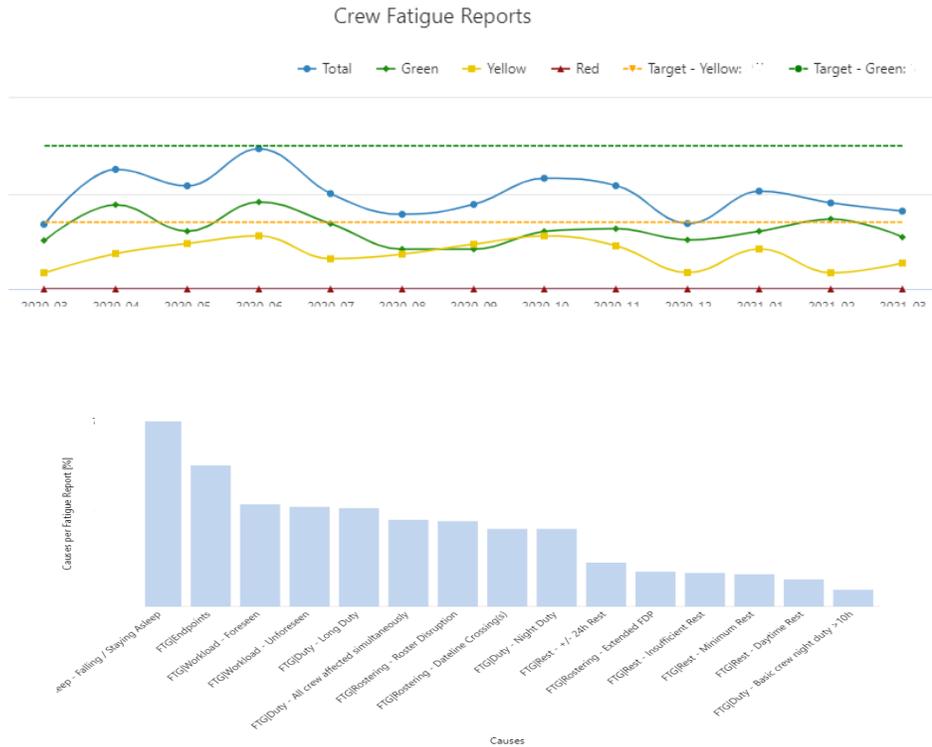
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Data Analytics

Challenges

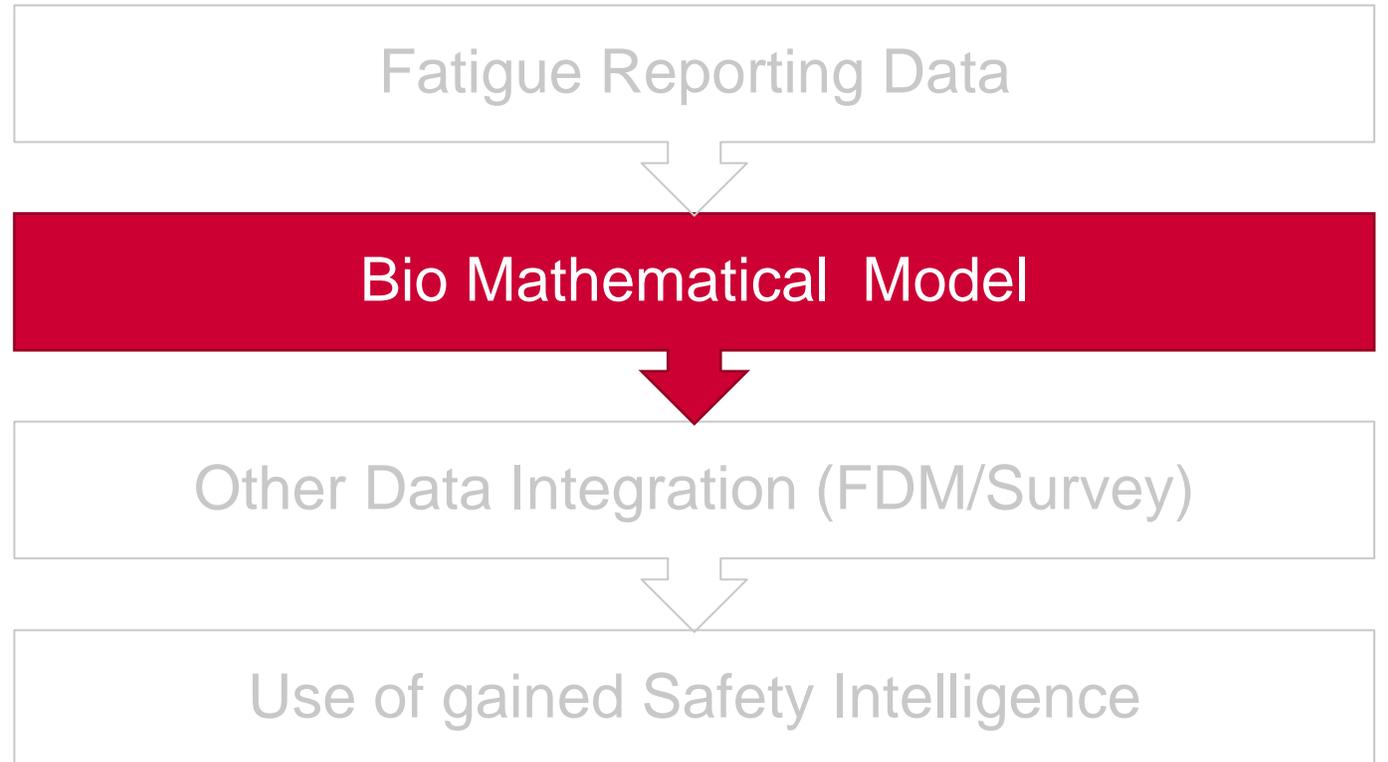
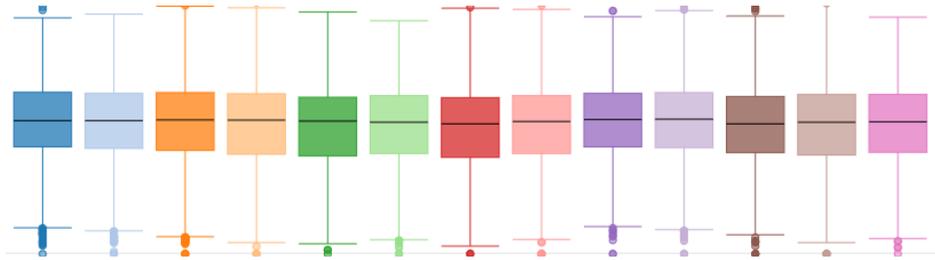


Data Analytics





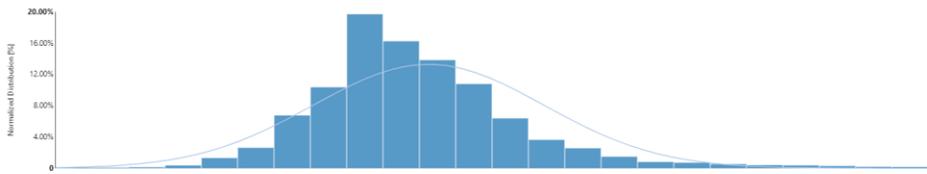
Data Analytics





Data Analytics

Stabilized Approach Altitude (1000ft AFE)



Controlled Flight into Terrain Precursors

GPWS Activation by 100 Flights



Fatigue Reporting Data

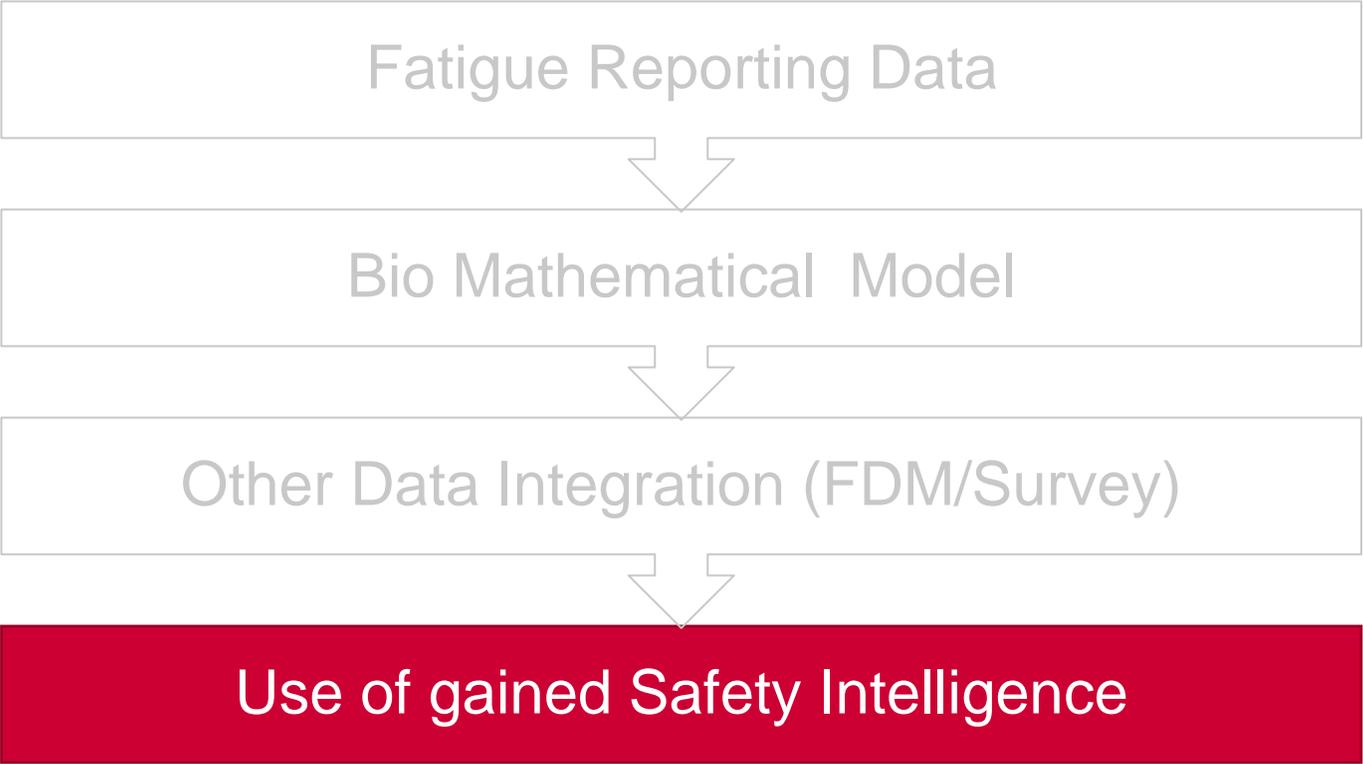
Bio Mathematical Model

Other Data Integration (FDM/Survey)

Use of gained Safety Intelligence



Data Analytics





FRM(S) Setup

Reporting

Biomathematical Model

Data Analytics

Challenges



General FRM(S) Challenges
(especially during COVID19)

24/7

Multipoint
rotations

Long and
short-haul

Basic and
augmented
crewing

Complex time
zone
transitions

Multitude of
post-flight rest
variants

At times highly
complex
airports

Short term
changes



FRM(S) Challenges
(especially during COVID19)

Under / Over
Reporting

Biomathematical
Sleep patterns

Weakness of
Biomathematical
Model

Subjectivity

Differences in
Reporting vs.
Biomathematical
Model

Human Diversity

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Summary

Fatigue Reporting

Biomathematical Model

Data Analytics



THANK YOU FOR YOUR
ATTENTION!



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