



Role of Peers and Trained Mental Health Professionals

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About

Clinical
Psychologists

Leaders in Aviation
Mental Health
(EPPSI & EAAP, etc)

Specialise in Peer
Support

Programmes

Our PSPs

15+ AOCs

± 20 000 pilots

11 languages

UK
Portugal
Ireland
Norway
Malta
Switzerland
Sweden
Denmark
Spain
Italy
France

Sectors

Large AOCs

Biz Av (+ Rotary Wing)
(www.bizavpsp.com)

‘Smaller’/Charter AOC
(www.cappsp.com)

*Cabin crew, engineers
etc...?*

Roles (& expectations) of MHPs

One size does not fit all!

- Different AOCs
- Different cultures
- Different organizational cultures
- Different professionals registered to provide MH
- Differing levels of experience among peers
- ?Soon to include engineers, cabin crew etc

Roles
(&
expectations)
of MHPs

SMS

Peers

Selection/Training

Supervision (& Back Up)

SOPs, Escalation Paths, Confidentiality

Governance & Stakeholder Engagement
e.g. Pilots/Unions/Occ Health/AMEs/ AOCs/ NAAs

Professional Indemnity Insurance

GDPR: DPIAs; Data Controller; (Sensitive, Personal Data); Security; Assurance

SMS

Peer Support and Mental Health Professional/s

Our observations



Peer Support and Mental Health Professional/s

Who are we talking about?

WHO or WHAT is a MENTAL HEALTH PROFESSIONAL?

Psychiatrist

Psychologist (different specialisms – clinical, aviation, counselling, neuropsychologist, health)

Mental Health Nurse

Counsellor/Psychotherapist

Other/s?

Peer Support and Mental Health Professional/s

What MHPs do

Training and Skills

Peer selection

Peer core training (what is optimum content?)

Peer skills development

Devising learning experiences and reflecting current issues

Peer case supervision

Preparing for Regulator audit and assessment

Peer Support and Mental Health Professional/s

Safety in the system

The MHP keeping the PSP safe

Selection

Training

Clear and agreed escalation process –
managing risk

Confidentiality – with limits

Stakeholder accountability, engagement and
review meetings

Data compliance

Regulator audit & compliance

Peer Support: Future Priorities

Regulation (EU) No
2018/1042

Its galvanising
impact...

...and the impact
of its extension

Other safety critical
professions

Cabin crew,
engineers,
mechanics, ATOs,
(redundant), etc?

Will require EASA
leadership &
regulation

Big impact for time &
cost: good Return
On Investment

Professionalising PSPs

AOCs & providers
understanding
responsibilities (&
liabilities)

What does
'good' look like?

And how will that
be measured?



Thank you!

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