

Intervention – How does it work in practice?

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Why is Intervention Important?

BEA Accident Report on Intervention:

Para 4.6 states:

- Management of a decrease in medical fitness can be optimized by including the **intervention of peers and/or family members**
- Crews and/or their families need to be reassured that mental health issues will not be stigmatized, **concerns raised** will be handled confidentially
- EASA ensure that European operators promote the implementation of peer support groups to provide **a process** for pilots, **their families and peers to report** and discuss personal and mental health issues

Final Report

Accident on 24 March 2015
at Prads-Haute-Bléone (Alpes-de-Haute-Provence, F)
to the Airbus A320-211
registered D-AIPX
operated by Germanwings

BEA
Ministère de l'Écologie, du Développement

EASA Have Mandated It

(CAT.GEN.MPA.215)



AMC (3) states the minimum requirements for a PPSP must include:

“a referral system to an aero-medical examiner in clearly defined cases raising serious safety concerns.”

AMC (2d) :

“an agreement with related procedures should be in place between the operator and the support programme on how to proceed in case of a serious safety concern.”

GM (3) : Mental Health Professionals need to be trained on how to handle:

“cases where information should be disclosed due to an immediate and evident safety threat and in the interest of public safety.”

Answer?

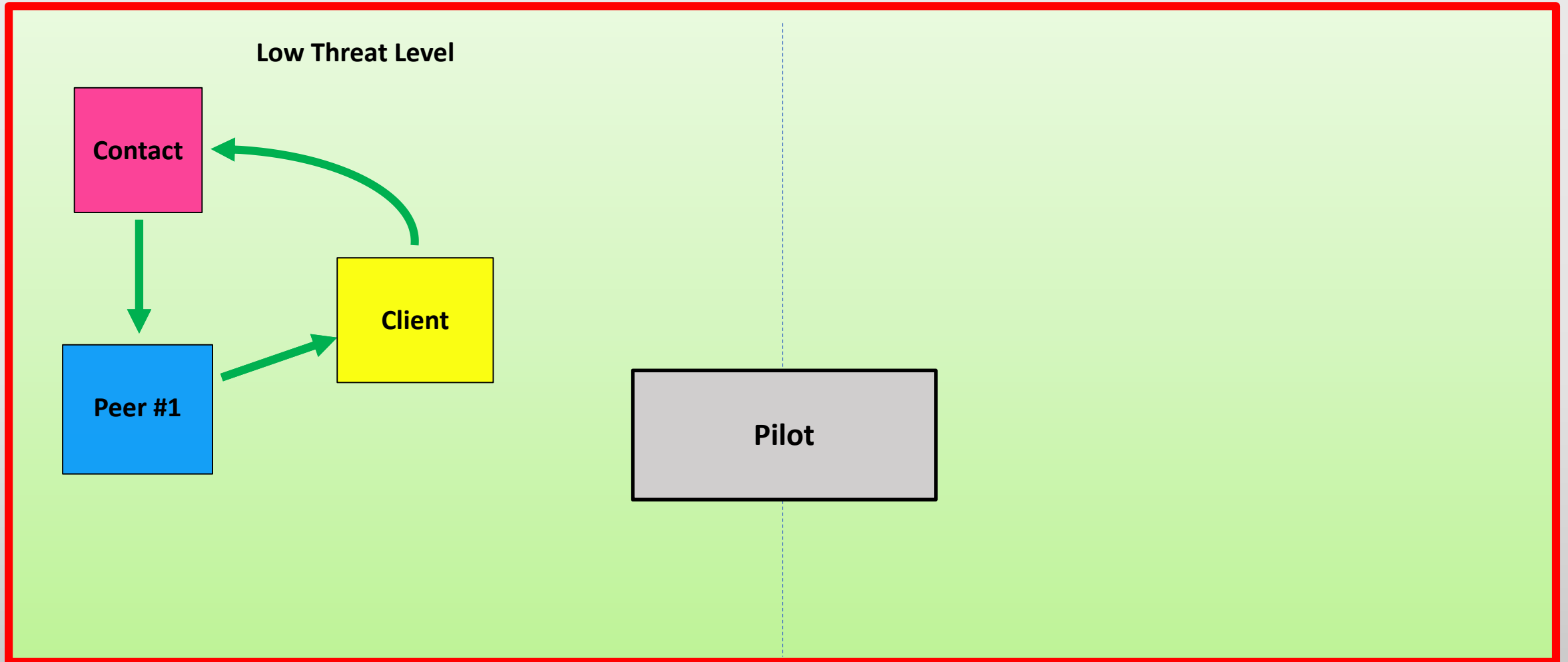
An Intervention process which:

- Guarantees* confidential support for self-referral
- Has multiple stages to allow for escalation
- Encourages 'low level' intervention at early stages
- Fully utilises the expertise (and insurance!) of the MHP
- Has the buy-in of all the stakeholders
- Is communicated clearly to the pilot workforce

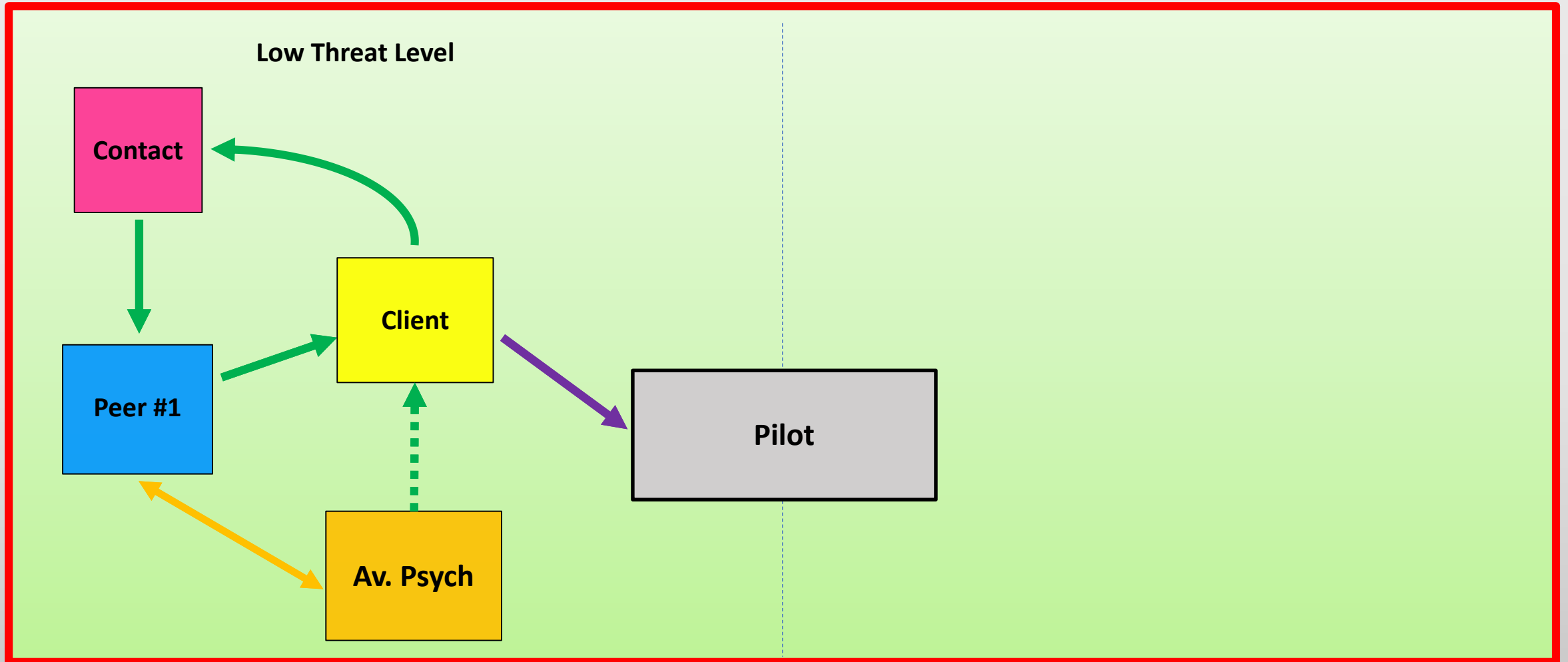
Justifications for Breach of Confidentiality

1. Threat to self
2. Threat to others
3. Possible criminal act

Model Intervention Process

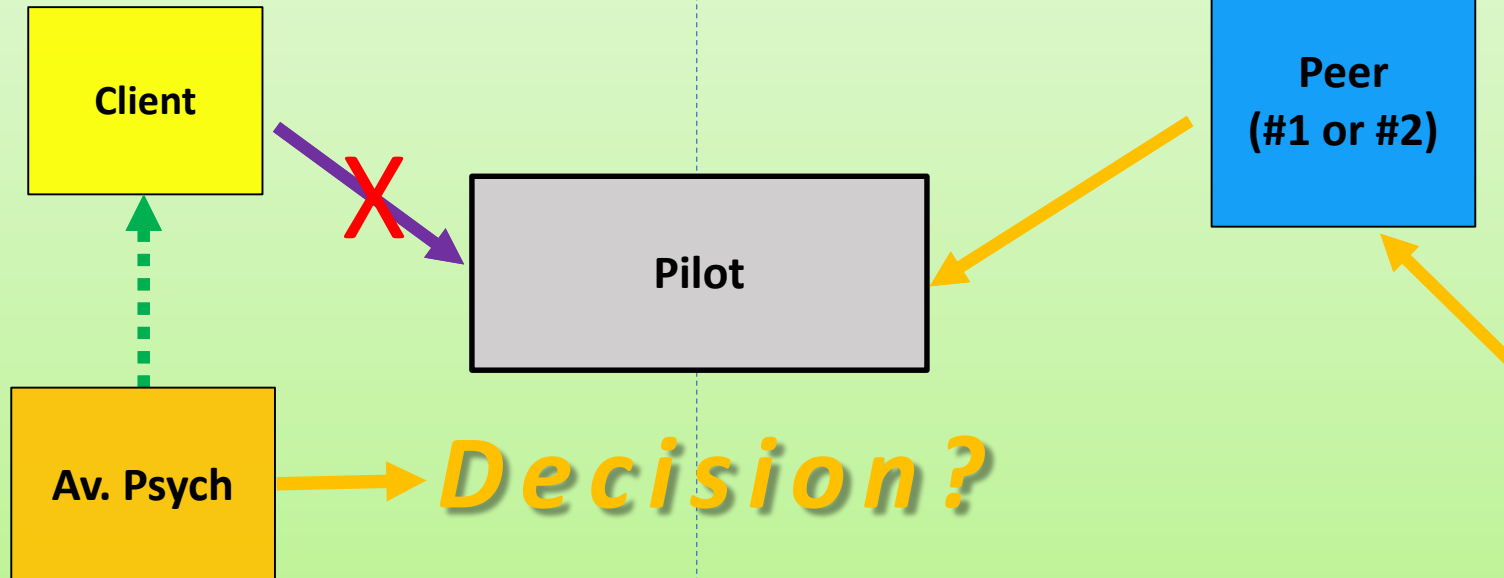


Model Intervention Process



Low Threat Level

Raised Threat Level



Pathways to Help

Low Threat Level

Raised Threat Level

No Cause
for Concern

Self-Referral

Unwilling
to Engage

Pilot

Peer
(#1 or #2)

Av. Psych

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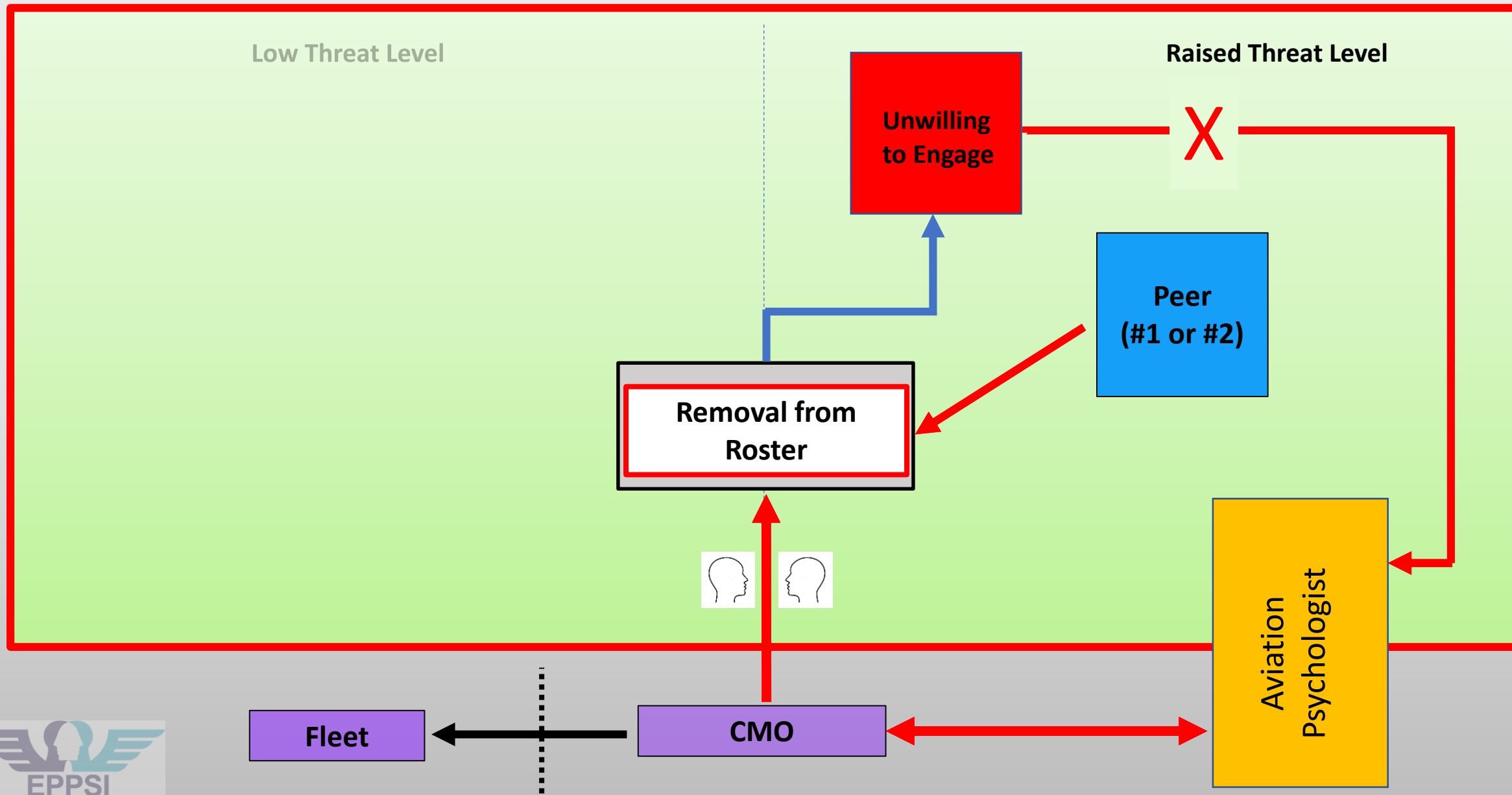
Peer
(#1 or #2)

Pilot

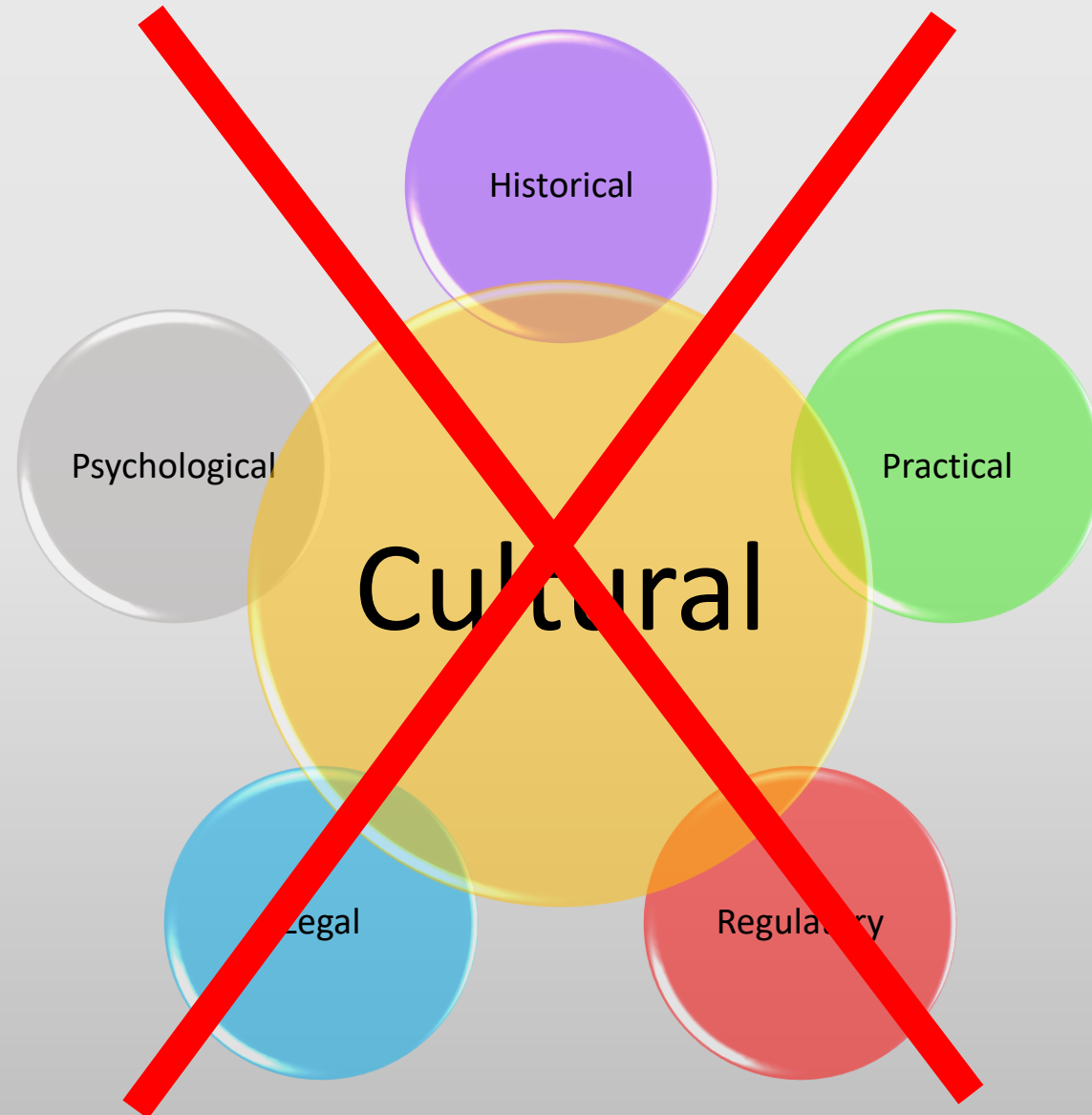
Av. Psych

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Barriers?



Discussion / Argument!